

Learn to Orienteer **OVERVIEW**



There is a great collection of resources for Learn to Orienteer. But where do you start? Here is an overview of what is available.

- ▶ Start by reading the **Program Delivery Guide**. This will describe almost everything about Learn to Orienteer!
- ▶ The guide contains ideas of tasks to begin organising a Learn to Orienteer program. There is also the **Pricing Tool** to guide your budget.
- ▶ The **Advertising Resources Folder** will be helpful once you have the basic details organised. You will find editable posters and flyers (instructions included) as well as generic posters, email templates, social media tiles and the logo and hero image.
- ▶ Then the coach can start planning the sessions using the **Activity Cards** and the **Session Planner**. There are 25 cards sorted into warmup, skills and courses. Each card is designed to be one engaging activity to teach the one skill. Resources for the activities are also included.
- ▶ During delivery, the coach can use the posters and templates from the **Program Resources Folder**. A lot of the resources can be edited and printed or simply printed and written on top of. These are designed to make preparation easier and faster.
- ▶ The **Participant's Handbook** can be given to each participant or family group so they have handy beginners orienteering information, including descriptions of the fundamental skills. There is also a condensed B&W version for cheaper printing.

Main Documents	
Program Delivery Guide Activity Cards Participant's Handbook	
Promotional Resources	Program Resources
Logo Hero Image Poster (editable) Poster (generic) Flyer (editable) Social Media Tiles x2 Website and Email Template Resource Instructions	Session Planner Activity Resources Pack Acknowledgement of Country Poster Certificate Skill Checklist and Quiz Session Resources: Participant's Handbook (condensed version) Control Cards x4 Control Punch Answers Poster Hazards Poster Results Poster Today's Goals Poster Today's Course Poster
<p style="text-align: center;"><i>Access resources and start organising a Learn to Orienteer program by contacting your state/territory coordinator.</i></p>	
	